

NEW ZEALAND SCHOOL OF FASHION



DRESSMAKING/GARMENT CONSTRUCTION CERTIFICATE MODULES

The 25 Samples section of this syllabus must be completed by all students and handed in four times during the course, to mark and ascertain if you understand the work

The collection of samples covers the most important aspects of sewing skills, from basic stitches and simple techniques to complex techniques.

NOTE *Students must complete each samples of all the listed sewing techniques the requested number of times usually 1 - 3 times.*

- **Read the instructions on each lesson carefully.**
- *As our standard is very high please only send a very good to perfect sample for marking.*
- **Garment Assignments:** Please note the requirements for each garment

With module 2,3 and 4 you will apply these techniques in the garments required, as it is important as knowing how to execute the various sewing techniques in complete garment projects.

MODULE 1 - Introduction to Dressmaking/garment Construction techniques Assignment

1. The following techniques are to be completed and sent or handed in to New Zealand School of Fashion to be assessed.
2. As a pass mark of **70%** is required for each of the lessons, it may be necessary for you to redo and submit some of the lessons/Techniques.
3. Until this module is passed you may not submit any lessons from Module 2.

LESSON CODE	Lesson Description
D/GC 01	Principles of Cutting - Identifying the grain of the fabric.
D/GC 02	Placing the pattern on the fabric in preparation for cutting.
D/GC 03	Machine Straight Stitch & backstitching
D/GC 04	Concave & convex seams
D/GC 05	Sewing the Inward Facing Corner
D/GC 06	A Flat Felled Seam
D/GC 07	Gathering
D/GC 08	Hand Hem Stitching
D/GC 09	Sewing Darts
D/GC 10	Buttonholes
D/GC 11	Machine Stay Stitching

MODULE 2 – Skirt and Sample Assignments

The skirt needs to have the following:

- A zip
- A waistband or waist facing
- Darts
- A 4 cm hem

1. Before completing the skirt assignment the following techniques are to be completed and sent or handed in to New Zealand School of Fashion to be assessed.
2. As a pass mark of **70%** is required for each of the lessons, it may be necessary for you to redo and submit some of the lessons/Techniques.
3. The Skirt Assignment is to be completed and assessed at New Zealand School of Fashion.
4. Until this module is passed you may not move on to Module 3.

LESSON CODE	Lesson Description
D/GC 12	Centre Back Covered Skirt Slit
D/GC 13	Lapped Zip
D/GC 14	Invisible Zip
D/GC 15	Cutting a Bias Strip.
D/GC 16	Facings – Bias Binding

NOTE: To complete the skirt you could if required also look at the following lessons -

- Waistbands – Straight in DVD 5
- Facings – from the Invisible Zip lesson and Understitching in DVD 3
- Hemming – DVD 3

Plus any other lesson that may help you complete your Skirt.

MODULE 3 – Shirt Blouse and Sample Assignments

The Shirt Blouse needs to have:

- *Shirt Collar*
- *Buttons in front*
- *Yoke - Optional*
- *Short or long sleeves*
- *Sleeve plackets*
- *Cuffs*

1. Before completing the Shirt Blouse assignment the following techniques are to be completed and sent or handed in to New Zealand School of Fashion to be assessed.
2. As a pass mark of **70%** is required for each of the lessons, it may be necessary for you to redo and submit some of the lessons/Techniques.
3. The Shirt Blouse Assignment is to be completed and assessed at New Zealand School of Fashion.
4. Until this module is passed you may not move on to Module 4.

LESSON CODE	Lesson Description
D/GC 17	Narrow curved hem
D/GC 18	Short Sleeve - Mock fold up Cuff
D/GC 19	Shirt Collar With Collar Stand
D/GC 20	Shirt Yoke
D/GC 21	Set in sleeve

NOTE: To complete the shirt blouse you could if required also look at the following lessons -

- Sleeves Opening/Placket – Continuous lap DVD 4
- Cuffs – Long Sleeve DVD2
- Hemming – DVD 3

Plus any other lesson that may help you complete your Shirt Blouse.

MODULE 4 – Trousers and Sample Assignments

The Trousers:

- *Pockets of your choice*
 - *Flat Felled Seam – on the inside leg seams*
 - *Fly Zip*
 - *Waist band or waist facing*
1. Before completing the Trousers assignment the following techniques are to be completed and sent or handed in to New Zealand School of Fashion to be assessed.
 2. As a pass mark of **70%** is required for each of the lessons, it may be necessary for you to redo and submit some of the lessons/Techniques.
 3. The Trousers Assignment is to be completed and assessed at New Zealand School of Fashion.

LESSON CODE	Lesson Description
D/GC 22	ZIP - Fly Front. (Ladies' Trousers)
D/GC 23	Jeans Pocket
D/GC 24	Top Stitching
D/GC 25	Unlined Patch Pockets

NOTE: To complete the Trousers you could if required also look at the following lessons -

- Pockets – DVD 4
- Facings – from the Invisible Zip lesson and Understitching in DVD 3
- Hemming – DVD 3 and Mock Fold up under CUFFS in DVD 2
- Waistbands – Straight in DVD 5

Plus any other lesson that may help you to complete your Trousers.

- When the NZ School of Fashion has assessed each of your assignments and you have passed them all with a minimum of **70%** you will be awarded your certificate.

Marlene will be available to assist you every step of the way with your course, either by email, telephone or in class. So do not hesitate to contact her at all normal working hours.